



KANACHUR AYURVEDA MEDICAL COLLEGE AND HOSPITAL

Time Table - First BAMS Jr (2025-2026 Batch)

Time	7.50am - 8.50am	9.30am - 10.25am	10.25am- 11.20am	11.30am- 12.25pm	12.25pm- 1.20pm	2pm-3pm	3pm-4pm
Day							
MON	Yoga (Ms.Neha)	RS (LH) Dr. Manjima	SA (LH) Dr. Bhavya B.S	KS (LH) Dr. Rakesh G H	SAN(LH) Mrs. Thridala EG	RS/KS NLH - Practical Dr.Aneesh T/ Dr. Ashwin K/ Dr. Manjima/ Dr.Lovelin Erailil / Dr.Rakesh G H/ Dr.Arya A R	
TUE	Yoga (Ms.Neha)	KS (LH) Dr.Lovelin	RS (L H) Dr.Aneesh T	SA (LH) Dr.Aswathi TP	SAN (NLH) Mrs.Thridala EG	RS/KS NLH- Practical Dr.Aneesh T/ Dr. Ashwin K/Dr. Manjima/ Dr.Lovelin Erailil/ Dr.Rakesh G H/ Dr.Arya A R	
WED	Yoga (Ms.Neha)	SA (NLH) Dr. Aswathi TP	KS (LH) Dr.Lovelin	SAN (LH) Mrs.Thridala EG	SA(LH) Dr.Bhavya B S	PV(LH) Dr. Shreerama K	Library
THUR	Yoga (Ms.Neha)	RS (LH) Dr.Ashwin K	KS(LH) Dr. Arya A R	RS(LH) Dr. Manjima	SAN (NLH) Mrs.Thridala EG	PV(NLH) Dr. Shreerama/ Dr. Soumya Kumari	
FRI	Yoga (Ms.Neha)	PV(NLH) Dr. Soumya Kumari	SAN(LH) Mrs.Thridala EG	PV(LH) Dr. Shreerama K	RS(LH) Dr.Ashwin K	SA(NLH) Dr. Aswathi T P/ Dr.Bhavya B S	
SAT	Yoga (Ms.Neha)	RS (NLH) Dr.Aneesh T	PV (LH) Dr. Soumya Kumari	KS (LH) Dr. Rakesh G H	SAN (NLH) Mrs.Thridala EG	SA (NLH) Dr.Bhavya B S	KS (NLH) Dr.Arya A R

RS –RACHANA SHARIRA

KS-KRIYA SHARIRA

PV –PADARTHA VIJNANA

SA- SAMHITA ADHYAYNA

SAN- SANKRIT

NLH- NON LECTURE HOUR

LH-LECTURE HOUR

6/1/26
Principal
KANACHUR AYURVEDA MEDICAL
COLLEGE & HOSPITAL
Natekal, Mangaluru